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1: Minerva Urol Nefrol. 1994 Dec;46(4):251-3.

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## [L-arginine and male infertility]

[Article in Italian]

**Scibona M, Meschini P, Capparelli S, Pecori C, Rossi P, Menchini Fabris GF.**

Scuola di Specializzazione in Andrologia, Universita degli Studi di Pisa.

The clinical efficacy and acceptance of L-arginina HCL was tested in 40 infertile men. All of these men had a normal number of spermatozoa (> 20 million/ml), but a decreased motility; this decreased motility was not due to infection or to immunological disorders. The treatment consisted of 80 ml of 10% L-arginine HCL administered daily per os for 6 months. L-arginine HCL showed to be able to improve the motility of spermatozoa without any side-effects.

Publication Types:

- Clinical Trial

PMID: 7701414 [PubMed - indexed for MEDLINE]

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